

An Addict's Plea

Today I realise, how much of suffering and pain I have caused my loved and dear ones through my addiction.

I have ruined my life, lost many valuable years and lost great opportunities.

I have made my parents, family, wife and children sit up and cry.

I have lost jobs, my business and my family.

I am alone with no money, no food, no home and no friends. It is just me, the cold night air and the hard pavement to sleep on.

Tonight, as I sit in the cold night air with my head in my hands, I want to say sorry mom, sorry dad, sorry my brothers and sisters, sorry my dear wife and hungry children.

I have failed you all and myself. I have no excuses. I can blame no one but myself for my pitiful state.

From this moment on, I want to say no to drugs because I want my dignity back; I want my sanity back; I want my family back. I long for home, a hot plate of food and a warm bed and the love of my family.

I shall turn my back to drugs from this moment on. With GOD's help and the support of my family, I shall conquer the evil of addiction.

I want to be me again, not someone else.

With tears in my eyes, I humbly ask all those I have hurt to please forgive me. I have suffered as much as you have in my own private way but I did not know how to tell you. I want to be home again with you.

Dr E V Rapiti 18th July 2002